

# Instructor Requirements for 2011-2012

## I. Paid Instructors

Full time is 4-5 days/week, part time is 2-3 days/week, minimal part time is 20 days/season, not including required training. Training rate is 65% of base pay, payable up to 20 hours.

### A. New Paid Instructors

4-6 full-days of training is required, up to 20 hours are payable at 65% base pay.

### B. Returning Paid Instructors

2 full-days of on-snow training is required per season. Training is payable at a training rate of 65% of base pay up to 20 hours.

**\*\*NOTE:** If you have been approved by the Program Director to attend "Paid Instructor Refresher," this will complete all your required training for the 2011/2012 season.



## II. Volunteer Instructors

### *Ticket Trade Program*

Volunteer Instructors can receive 1 **non-transferable** lift ticket for every 12 hours of volunteering on-snow, as well as a ticket for the day you volunteer. Due to the amount of training we invest in our instructors, we ask that each volunteer instructor commits at least 6 days or 36 hours of service per season. **You can start receiving earned tickets once you have completed at least 4 days or 24 hours of volunteering.** Day tickets are provided for training, ticket vouchers can be earned only after completing your required training. Skier/Rider improvement clinics do not count towards volunteer hours or general training credit.

### A. New Volunteer Instructor (Lead or Assistant)

3 total days of training are required, none of which count toward the ticket trade program.

#### *Required clinics include:*

-½ day indoor *Office Orientation*

-½ day indoor *Disability Awareness*

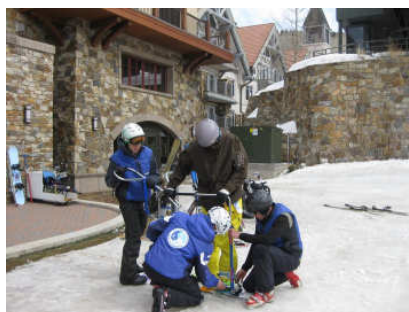
-full-day on-snow *Adaptive Alpine Intro* or *Adaptive Snowboard Intro*

-1 more full day or 2 half day on-snow clinic(s) of your choice

### B. Returning Volunteer Instructor (Lead or Assistant)

1 full day of on-snow training, neither of which count toward the ticket trade program.

**\*\*NOTE:** If you have been approved by the Program Director to attend the "Paid Instructor Refresher," this will complete all your required training for the 2011/2012 season.



## 2011-2012 Clinic Descriptions

**\*All clinics are full-day unless otherwise noted\***

**\*Clinic Times, unless otherwise noted: AM: 9-12, PM: 1-4,  
Full Day: 9:30-3:30\***

**All clinics meet at the TASP office, located under lift 1, in the Hotel Madeline Building**



**\*ALL NEW** volunteer/paid instructors are required to attend *Office Orientation & Disability Awareness* then **Adaptive Alpine Intro** or **Adaptive Snowboard Intro** before attending any others clinics.

**Office Orientation:** A **REQUIRED** ½-day indoor clinic for all new instructors, lead or assistant, focused on the daily procedures of being an instructor for TASP. We will go through where pertinent paperwork lives, where and how gear is stored, how to obtain rental equipment for your student, scheduling your days of availability, etc... This clinic will help you to understand the office chaos.

**\*\*No instructor with TASP can teach a lesson without completing this requirement.\*\***

Clinic offered: Nov 19 (AM), Nov 21 (AM), Dec 1 (AM), Dec 10 (AM), Jan 4 (AM)

**Led by: M’Lin M**

**Disability Awareness:** A **REQUIRED** ½-day indoor clinic for new instructors (lead and assistant) which offers an insight to the clientele we work with at TASP. We will be exploring and discussing the common disability categories, safety concerns, medications and possible complications that can arise when working with each specific disability. Due to the vast amount of disabilities we see at TASP and a limited training time, this is only an introduction to the more common disabilities. Returning instructors are always welcome! Look for disability specific continuing education sessions to follow later in January.

Clinic offered: Nov 19 (PM), Nov 21 (PM), Dec 1 (PM), Dec 10 (PM), Jan 4 (PM)

**Led by: Charley P (except for Dec 10, led by M’Lin)**

**Adaptive Alpine Intro:** This full-day final piece of our **REQUIRED** clinics for new ski instructors will focus on our ‘first time experience’ stand-up skiers and how to help them successfully progress from the rental shop to a Level 4 skier (matching skis at the end of a turn). This is our on-snow introduction to effective ski instruction that follows the industry standard format (PSIA) of a “beginner lesson” and explores what applications adaptive stand-up equipment has to enable your student to succeed in the learning partnership.

Clinic offered: Dec 3, Dec 7, Dec 11, Jan 7 **Led by: Charley P, Tim M, Trey B, M’Lin M or Clint V**

**Max per clinic: 10**



**Adaptive Snowboard Intro:** This full-day final piece of our **REQUIRED** clinics for new snowboard instructors will focus on our ‘first time experience’ snowboarders and how to help them successfully progress from the rental shop to a Level 4 rider (skidded board at the end of a turn). This is our on-snow introduction to effective snowboard instruction that follows the industry standard format (AASI) of a “beginner lesson” and explores what creative teaching techniques can enable your student to succeed in the learning partnership.

Clinic offered: Dec 4

**Led by: Charley P**

**Max per clinic: 10**

**Safe Lifting Techniques:** As the first snow hits the ground, TASP is prepared for the winter. Because safe lifting is imperative to what we do here at TASP, this clinic will be offered early in the season so that you can safely enjoy a full season of fun. The clinician for this session, a lead Physical Therapist in Telluride, as well as a former adaptive ski instructor, walks us through how not to compromise the safety of our bodies but to plan early and act appropriately when it comes to lifting, twisting, bending, etc...Don't miss this one!!!

Clinic offered: Dec 6 (9AM - 1PM) **Led by Mark Campbell** (Peak Performance Physical Therapy)

**Kids!:** Close to 55% of all lessons run through TASP in 2010/2011 were youth lessons. This **HIGHLY RECOMMENDED**, newly formatted, full-day interactive clinic will be a fun and dynamic exploration of the mind and body for students 18 years of age or younger. Stages of development (physical and cognitive), appropriate learning terrain, teaching strategies, and years of professional seasoned experience will be shared in this clinic. You will partake in movement-based activities that create strong skiing skills at all levels.

Clinic offered: Dec 4

**Led by: Tony Forrest**



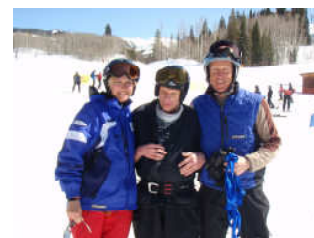
**Games and Analogies (Finding Nemo!)**

There is a time to be old and technical. This is not it; this clinic will bring the fun back into skiing. Remember when skiing was fun? It still is. Let the creativity begin. We will discuss different strategies to make it fun. This clinic is more informational sharing to increase the “bag of tricks”. We will also touch on ‘Guest Centered Teaching’ and ‘Teaching for Transfer’. Clinic offered: Dec 10, Jan 8 **Led by: Charley P**

**Autism Spectrum Disorder Teaching Strategies:** TASP is bringing in a few clinicians who are at the forefront of working with individuals diagnosed with Autism Spectrum Disorder (ASD). This will be an indoor session, focusing on defining ASD, along with motivating, communicating, and redirecting behavior in a ski lesson format at TASP.

Clinic offered: Dec 16 (AM)\* Starts at (10AM – 12PM)

**Led by: Annie Clark**



**Taking It To the Next Level:** This full-day clinic is offered for new and returning instructors who are ready to hone their intermediate to advanced instructional skills. We will delve deeper into the skills and drills used to guide and validate our higher level stand-up skiers. Level 5-9 skiers are thirsty for more information and terrain; we've helped them be successful and passionate about skiing thus far, now let's get a basis of how to take them that next step in skill development for higher efficiency and performance.

Clinic offered: Dec 4, Jan 10

**Led by: Scott G**

**Max per clinic: 10**

**Bringing It All Together:** Have you ever been on a lesson and completely misplaced that beginner progression in your head or had a student who was ready for a new challenge and you weren't quite sure how to facilitate that? Join this full-day clinic for returning instructors and have the chance to ski and learn from each other. We will review the basics of effective ski teaching from the time you meet your student until the time you bid them goodbye. A mix of guided learning and teaching scenarios will be utilized to give you the chance to practice your instructional skills and receive feedback from your peers. This day will be a light approach to get that ski teaching brain warmed up for a sure to be busy winter at TASP. **\*\*Open to Returning Instructors only.\*\***

Clinic offered: Dec 3, Dec 7

**Led by: Karl S**

**Max per clinic: 8**



**A Day in the Life of a Lead Instructor:** Have you ever thought about what happens behind the scenes? Are you an assistant instructor looking to take your instructing to the next level? Then this clinic is for you. This full-day clinic will take you into the boots of a lead instructor and provide an overview of what the standards are along with our expectations. **\*\*Open to Returning Instructors only.\*\***

Clinic offered: Dec 3, Jan 7 **Led by: Tim M**

**Max per clinic: 10**



**Stand-Up Outrigger/Slider Basics:** With 'Adaptive Alpine Intro' as our baseline for ski instruction and learning, we will focus on the benefit of skiing with two outriggers. You will learn to enhance your own skiing performance by experiencing the benefits of this equipment and get a chance to explore learning situations of skiing "3-Track" and "4-Track". You will also be introduced to the 'Slider'. Appropriate equipment selection, learning terrain, common disabilities and safety considerations will be thoroughly explored in this clinic.

Clinic offered: Dec 10

**Led by: Karl S, Milo and Bob R**



**Slider/Outrigger Refresher:** This ½ day clinic will be a beneficial review and continuation for TASP instructors who have taken the *Utilizing Stand-Up Outriggers* clinic. Experienced clinicians will refresh your memory on appropriate students, the basics of setup, and on-snow applications to strengthen your knowledge base.

Clinic offered: Dec 15 (AM)

**Led by: Karl S**

**Visually Impaired Guiding Intro:** Spanning the range from visually impaired to totally blind, this full-day clinic will challenge even the veteran skier/instructor. As an introduction to skiing with visually impaired clients, everyone is welcome to join us to focus on the safety and verbal systems that build trust in our VI skiers. This guide/client trust creates a platform for skills-based learning and stress-free exploration of the whole mountain. Seamless guiding takes endless time and practice so this will be one of many visually impaired clinics to prepare you for such a teaching experience.

Clinic offered: Dec 18, Jan 15

**Led by: Hawkeye and Steve L**

**Adaptive Snowboard Extravaganza (SKIERS ENCOURAGED TO ATTEND!!!):**

This full day clinic is open to both skiers and riders focusing on specific adaptive snowboard equipment, teaching techniques and necessary personal skier/ rider skills to enable our students to be successful, independent riders. Think you are not a snowboarder? That's ok, over half our adaptive snowboard lessons are best taught from skis with a snowboarder giving demos! Join us for a great beginner to intermediate student focused adaptive riding experience.



Clinic offered: Dec 18      **Led by: Tim M and Charley P**

**Terrain Challenge:** This full day clinic will make beginner trails advanced and advanced trails easier. Black skills on green terrain and green skills on black terrain. Comfortable skiing on blue/ black trails is encouraged but not required. This is a day full of fun and creativity.

Clinic Offered: Jan 15      **Led by: Charley P**

**Max per clinic: 10**

**Adaptive Baseline Skills:** At times, the success of adaptive ski and snowboard lessons depends on our personal ski skills, in conjunction with all the technical knowledge we are trying to convey. This ½-day clinic will focus on those specific ski skills that enable us to effectively and safely instruct using adaptive equipment with our students as skills-based learning tools (bamboo pole, tether from ski bra, two point hold, etc...). You will receive individualized feedback on your body positioning and functional skiing movements necessary for successful tethering technique. Each trainee will leave this clinic with a personal ski training plan to get you to where you need to be (if you are not there already!).

Clinic offered: Dec 11 (AM), Jan 14 (AM)      **Led by: Charley P**

**Max per clinic: 6**

**Stand-Up Tethering Intro:** This is where the “meat hits the potatoes” after successfully completing ‘Adaptive Baseline Skills’. All trainees will rotate thru being mock students and instructors in this ½-day clinic to give us the safest opportunity to practice stand-up skier tethering skills from a tip retention device as well as blocking for the lesson. This instructor/student partnership is used every day and requires a lot of practice to succeed. With your solid ski skills, we will focus on active and passive tethering scenarios that assist your student in mastering their own ski skills by building muscle memory in a secure learning environment.



**\*\* You must have successfully completed ‘Adaptive Baseline Skills’\*\***

Clinic offered: Dec 11 (PM), Jan 14 (PM)      **Led by: Charley P and M’Lin M**

**Max per clinic: 6**

**Tethering/Bamboo Practice for Stand-Up Skiers:** Has it been a long summer? Have you taken an introductory tethering clinic in past years but didn’t get enough time to practice? Join us on this ½ day practice session with a senior instructor that will help you dust the cobwebs off your wrapping and unwrapping hands, along with getting feedback on body positioning and tension of tethers. This is a less-talk, more-practice clinic; hold us to it!!!

**\*\*You must have taken ‘Stand-Up Skier Tethering Techniques’ within the past two seasons.\*\***

Clinic offered: Dec 11 (AM), Jan 10 (AM)      **Led by: M’Lin M and Charley P**

**Max per clinic: 8**

**Special Olympics Coaches Training (Team San Juan!):** This ½-day clinic is open to all instructors, regardless of race training experience, who are interested in being a coach/buddy for a local Special Olympics athlete this season. We will review appropriate skiing skills and how we can apply them in a race setting which is fun and rewarding. This clinic will guide you through skills and drills for all levels. General schedule/logistics will be covered. Special Olympic practices are typically on Saturdays.



Clinic offered: Dec 17 (AM)      **Led by: M'Lin M**

**Snow Bike:** Over the years, the snow bike has been used increasingly as an assistive ski device for clients with bad knees, fatigue issues or who simply don't want to fall while learning a snow sport. If lifting bi or mono skis is not your ticket or you personally fit into one of the above categories, then join us for this ½-day clinic in exploring the wonders of the snow bike. Efficient skiing movements and skills with the benefits of being able to take the stress off the legs and feet will be reinforced in this new perspective of the mountain. This is also a great way for snowboarders to experience the sensation of skiing.

Clinic offered: Dec 17(PM)      **Led by: Karl S**

**Sit-Down Ski Fiesta!:** Whether a skier or a snowboarder, join us for this full-day clinic focused around exploring and having fun with sit-down skis while learning the basics of utilization. This is an absolute introductory to equipment (bi-skis, mono-skis, dual-skis), seating considerations, chairlift loading/offloading safety, and seat assisting the equipment down the hill. There will be no shortage of fun in this fiesta! **(This is a prerequisite for all sit-down clinics)**

Clinic offered: Dec 17      **Led by: Steve L and Charley P**

**Max per clinic: 10**



**Sit-Down Ski Nuts and Bolts:** Every party takes a serious turn at some point. This ½ day clinic will move *inside* to introduce, in-depth, all functioning parts of bi- and mono-skis along with working through basic client set-up and padding theory in each piece of equipment. The set-up is the most important piece of a sit-down skier's day, so we will proceed at the rate of your information absorption and curiosity levels. Review of common disabilities and equipment appropriate for each will also be covered.

**\*\*You must have completed 'Sit-Down Ski Fiesta!' in past 2 years approved by the Program Director.\*\***

Clinic offered: Jan 8 (AM)      **Led by: Karl S and Steve L**

**Bi-Ski Progression:** This ½-day clinic will be on snow and we'll jump right into the basic teaching/learning progression for bi-skis. This clinic will be taught as a sit-down group lesson where you will get a chance to experience first hand the teaching/learning progression from seasoned, and certified, adaptive instructors. We will swap out roles of being in the equipment and helping as the "assistant instructor". Personal alpine/snowboard gear is required.

**\*\*You must have completed 'Sit-Down Ski Nuts and Bolts'\*\***

Clinic offered: Jan 8 (PM)      **Led by: Karl S and Steve L**

**Bi-Ski Seat Assist and Tethering Challenge:** Let's be honest, adaptive instructors can never get enough practice with all the equipment we have at our fingertips. Join our Program Director or Program Trainer in this clinic that will give you a full-day of loading, offloading, seat assist, and tethering practice of bi-skis. If you find yourself on these kinds of lessons a lot but feel rusty or you want to boost your skills up to be utilized more, join us for this one! Polish your skills in this full day of fun!

*\*\*Returning TASP instructors only, introductory clinics for new instructors to be offered later in the season\*\**

Clinic offered: Dec 13

**Led by: Tim M and Charley P**

**Max per clinic: 6**



**Improve Your Skiing:** Have you ever ridden up the chairlift and watched a skier come down and thought, “wow, they are good!”, and your buddy next to you asked “why” and you had no response? This is the forefront of what ski instructors do. This full-day clinic will improve your skiing! Skiers of all levels are invited as we observe your movements and discuss as a group what we saw. We will also discuss the movement concepts and break them down. This clinic is a must attend! We will take the big picture and break it down.

Clinic offered: Jan 11

**Led by: Charley P**

**Max per clinic: 8**

**Introduction To Telemark Technique:** You've all seen them coming down the hill with their seemingly broken bindings and praying mantis stance. Whether you have been mystified or jealous of these quad bursting enthusiasts, today will be your chance to click in and learn the basics of telemark skiing. The morning session will start with the beginner progression and continue on to the afternoon with intermediate to advanced moves on green and blue terrain. Join an industry founding clinician for our second most popular clinic per season, no experience necessary (this clinic does not count towards required or payable clinic hours). Some rental equipment available.

Clinic offered: TBA



*\*The above listed clinics are the “core curriculum” for TASP instructor training for the 2011/2012 season based upon the fundamental teaching philosophies as contained in educational materials developed and distributed by PSIA/AASI. Continuing Education clinics in Guest Centered Teaching, Biomechanics, Skier Improvement, and Rider Improvement (to name a few) will be offered throughout the season as time allows. Expect to receive email updates on these opportunities as well as the information being posted on the “upcoming events” board in the office.*

# TASP Staff Contact Information

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*OUR OFFICE!!!*

is located under Lift #1 in the Capella Building

