



Telluride Adaptive Sports Program **Regional Summer Adventures 2010**

Dear Students, Parents, and Teachers,

The Telluride Adaptive Sports Program is excited to announce our regional summer program offerings for 2010! TASP is excited to continue providing the highest quality and most enriching recreational experiences for individuals with physical or cognitive disabilities than any other program of its like in Colorado. In the summer of 2010, TASP is offering more programs than ever before and is building upon many of the popular adventures from the past. Please join us this summer for positive and individualized outdoor recreation.

New for 2010, TASP is finalizing its plans to have its own activity van or ride-share options in San Miguel and Montrose Counties so please don't let not having a ride to the rock, river, or trails keep you from participating, please call TASP to inquire about these possibilities.

TASP thanks its recreational partners for donating their time and services to make these exceptionally low prices available for TASP regional participants! Please note these rates do not apply to trips booked outside of TASP programming. Further scholarships are available for those who qualify. Please contact us today for more information or to create a personalized trip that fits your schedule and abilities. We hope to see you this summer!

River Rafting and Kayaking:

Raft or Inflatable Kayak the Upper/Lower Uncompahgre River from the town of Ridgway to the Ridgway Reservoir or below the reservoir on this 2 hour guided rafting trip! (Class II to III rapids) The majestic San Juan Mountains fill the back drop for the entire run! Float through prime wildlife habitat for an up-close look at songbirds, deer, and birds of prey!
Cost \$30 per child (6-12), \$50 for adults (13 and older)

Raft the Upper/Lower San Miguel River outside of Telluride and take part in this scenic and winding river stretch with family and friends. (Class II and III rapids) Join us to enjoy a float through this pristine habitat right out our back door. Inflatable kayaks available for the upper San Miguel
Cost \$35 upper, \$40 lower, \$45 Inflatable Kayak

Rock Climbing:

Rock Climb in Telluride where you will be introduced to the fundamentals of outdoor rock climbing. With highly trained guides, safety is our number one priority to be able to provide you with a chance to have a successful rock climbing experience with no prior experience necessary.

Limit 12 individuals

Cost \$40 per person (for groups of 4 or more) Lunch not included

Mountain Biking:

Mountain Bike in Telluride, Ridgway, or Norwood where you can enjoy the beauty of amazing trail systems that can cater to the easy rider or the most aggressive. Join your TASP guide for a ride that suits your need and ability. Hand cycles available.

Cost \$25 Bike included

Hiking:

Hike and Explore Telluride's Backcountry where we will get the chance to travel deep into the San Juan Mountains on this full day trip. Join us to explore accessible hidden trails, waterfalls, and deep valleys. Opportunities abound to picnic by a trickling stream, rest amongst fields full of wildflowers, and the possibility to visit a high alpine lake.

Cost \$25

Fishing:

Fish Local Trout Waters around Telluride and Mountain Village where the big ones are most likely to be biting that day. Hook into the catch of your dreams with our talented guides that will coach you in casting, presentation, and landing techniques. Fly and spin casting available.

Cost \$25 local in Mountain Village, lunch not included

Camping:

Open Enrollment Overnight Campout at Ridgway State Park or Alta Lakes where we will sleep in tents or enjoy a cozy night in a Yurt after a day of rafting, and hiking/fishing in the State Park. Food and activity transportation will be provided. Open to all individuals with physical or cognitive disabilities. *Participants must be 12 years of age or older, limit 8 individuals.*

Cost \$150-\$200 depending on location and supplemental activities

Time: Overnight trips run from 10 AM to noon the following day.

Reservations must be made 14 days prior

Please contact TASP directly at (970)728-3865 to reserve your spot today!

For more information visit

www.tellurideadaptivesports.org

Email inquiries to programs@tellurideadaptivesports.org