



5/1/23

Dear TASP Staff, Volunteers, Athletes and Supporters,

Due to continued concerns of transmissible illness in the Telluride/Mountain Village (and greater) community, we share with you this information as a guidance to coming back to TASP after illness occurs. At this time there is no one single specific illness we are focusing on as we continually face managing COVID-19, influenza, RSV in our littles and strep throat, just to name a few. We realize there is no good time for illnesses as we are all busy with holidays, travel and high visitation to TASP in general. Our goal is to keep everyone healthy and safe during their time with us at TASP. There are specific symptoms any individual CAN NOT have while at TASP. If anyone is experiencing any of these symptoms they must not come to TASP. If any of these symptoms appear while at TASP our management will be forced to send that individual home.

The primary symptoms we are cautious of are:

- Fever (over 100.4)
- Sore throat with swelling, redness, and drainage
- Cough
- Body aches, joint pain
- Nausea, vomiting, diarrhea
- Abdominal pain

TASP illness procedures includes the following:

- Fevers (100.4 >) - needs to stay at home, they may return to TASP once the fever is gone for 24-hours WITHOUT taking any fever reducing medications unless the illness necessitates isolation.
- Vomiting/Diarrhea -should stay home for 24-hours after last episode then may return to TASP if no other symptoms are present.
- Cough - individual needs to be 1<sup>st</sup> tested for Covid; if the cough persists, they may need to be seen by a provider to check for other illnesses such as influenza or strep throat. Once checked, individual may return to TASP with a provider note. We may ask this individual to wear a mask.

**Covid Positive:** Need to isolate for 5 days after the onset of symptoms or a positive test, then if asymptomatic or decreasing symptoms they may return but must wear a mask for 5 more days.

**Influenza:** May return to TASP once fever is gone for 24-hours without fever reducing medications.

**Strep throat:** May return to TASP once they have been taking antibiotics for 24-hours, and do not have a fever.

For more in depth information and resources please contact,  
[publichealth@sanmiguelcountyco.gov](mailto:publichealth@sanmiguelcountyco.gov), (970) 728-4289

Thank you all for your understanding and help keeping our organization healthy. Please contact Tim McGough, TASP Program Director, for more information or clarification.  
[programs@tellurideadaptivesports.org](mailto:programs@tellurideadaptivesports.org)